

Basic Healthcare in South Indian villages – Revival and Compilation of Indigenous Remedies using Common Medicinal Plants



Workshop on Traditional Medicine
for Rural Medical Practitioners at Tirunelveli, Tamilnadu

C.P.R. Environmental Education Centre has initiated a project titled 'Basic Healthcare in South Indian Villages – Revival and Compilation of Indigenous Remedies using Common Medicinal Plants', which is being sponsored by the Ministry of Environment and Forests, Government of India.

Plants have been the major source of medicine in many cultures since ancient times. Ancient works of Ayurveda such as *Charaka Samhita*, *Sushruta Samhita* and *Ashtanga Hridaya* mention about 600 species of plants. In terms of number, there are about 1400 plants documented in various other Ayurvedic texts.

Project Objectives :

- Produce a systematic documentation of the local remedies and therapies.
- Enhance herbal therapies with scientific validation and literature support
- Provide standard reference sources on quality.
- Create community herbal monographs for selected herbal medicines.
- Increase the confidence level of communities in the use of indigenous medicine.